

Mental Health and Addictions Walk-in Clinics

Labrador West Health Centre (enter through main entrance)

No Appointment Necessary

- Wednesday, Dec. 28, 2016, 4:00-8:00 p.m.
- Thursday, Dec. 29, 2016, 4:00-8:00 p.m.
- Saturday, Dec. 31, 2016, 8:30 a.m.-4:30 p.m.

For further information, please contact the Mental Health and Addictions Department at 285-8251.

For urgent requests, please contact:

- 24-Hour Mental Health Crisis Line – 1-888-737-4668 – a free and confidential service for all ages.
- CHANNAL (Consumers Health Awareness Network Newfoundland and Labrador) Peer Support Warm Line – confidential peer support for your mental health - 1-855-753-2560